

JUAN & MARIA'S
PROMOTES HEALTHY EATING
OUR CUSTOMERS HEALTH IS VERY
IMPORTANT TO US!

WE NEVER USE LARD;
IF ANY RECIPE REQUIRES OIL, WE ONLY
USE LIGHT SALAD OIL, THIS INCLUDES
OUR DEEP FRYERS

THIS OIL IS:

TRANS FAT **FREE**
CHOLESTEROL **FREE**
HYDROGENATED FATS **FREE**

OTHER REASONS TO EAT HEALTHY AT
JUAN AND MARIA'S:

- <> OUR PRODUCTS DO NOT CONTAIN
ANY
CHEMICALS OR PRESERVATIVES
- <> WE USE 90% LEAN GROUND BEEF &
PORK LOIN
- <> WE OFFER MANY VEGETARIAN
OPTIONS
- <> WE OFFER HOMEMADE SPANISH

FRUIT JUICES
IT'S AMAZING JUST HOW OUR HEALTHY
FOODS
CAN TASTE, SOOO..... GOOOOOOOD!!!

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